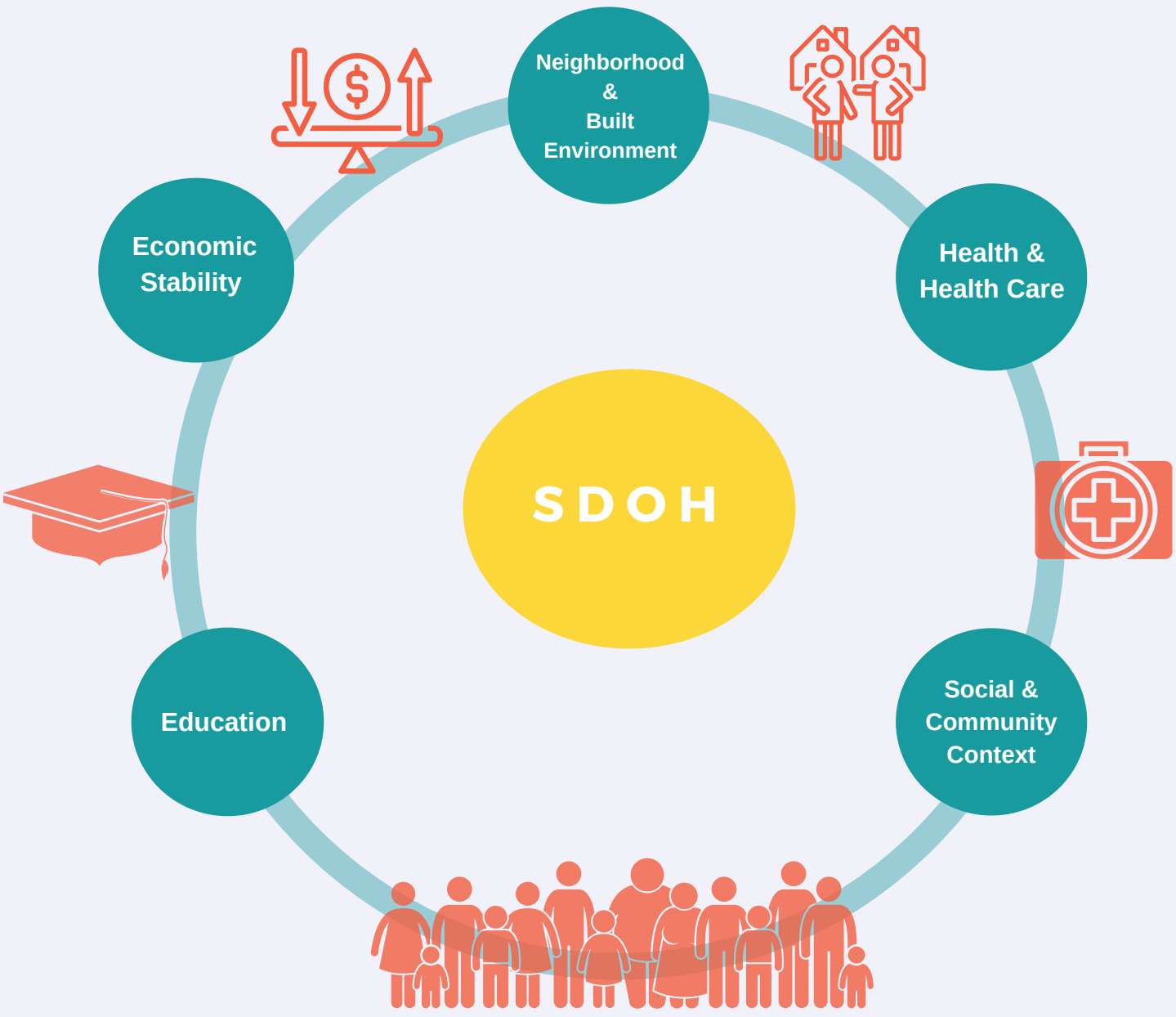
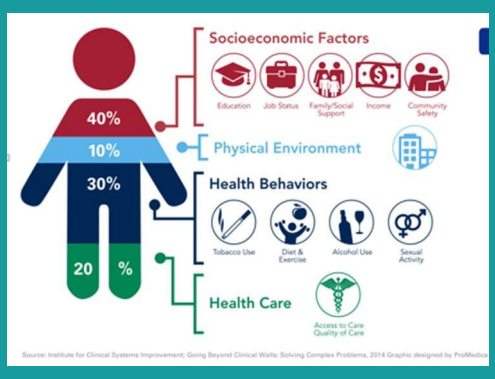
SOCIAL DETERMINANTS OF HEALTH

Good health begins in the places where we live, learn, work and play



STUDIES SUGGEST THAT 80-90% OF HEALTH IS DETERMINED BY A PERSON'S SOCIAL DETERMINANTS OF HEALTH, ONLY 10-20% IS ACCOUNTED FOR BY MEDICAL CARE.

Social Determinants of Health (SDOH) have the biggest impact on health outcomes, more than health care access and delivery



Clinical providers should reflect on our power and privilege, as a part of the large scheme of inequities and within our patient relationships we can show our commitment to social justice

Education is vital and should include not just what SDOH are, but also how they came to be; who benefits and who suffers; and what can be done about them, how, and by whom

SDOH can be addressed at the clinical encounter, as well as from a policy and societal level

PRECEPT THE SOCIAL DETERMINANTS OF HEALTH USING THE FIVE MICRO SKILLS

#1 TELL & COMMIT

- TELL ME ABOUT THE PATIENT YOU JUST SAW
- WHAT SPECIFICALLY ABOUT THE PATIENT'S SOCIAL CIRCUMSTANCE HAS AFFECTED THEIR HEALTH?

#2 PROBE & PROVIDE

- WHAT QUESTIONS DID YOU ASK AS PART OF YOUR SOCIAL HISTORY THAT SUPPORTS YOUR DIAGNOSIS?
- WHAT CAN WE DO TO HELP?

#3 TEACH

- FIND A TEACHING POINT USING SDOH AND THE PATIENTS' PRESENTING ILLNESS
  - **ACKNOWLEDGE**:"HAVE WE CONSIDERED THE PATIENT'S UNINSURED STATUS?"
  - **EMPATHIZE:** "DO YOU THINK THE PATIENT MAY BE FRUSTRATED ABOUT UNSAFE CONDITIONS TO EXERCISE IN THEIR NEIGHBORHOOD?"
  - **ACTIVATION:** FIND SDOH SERVICES SPECIFIC TO PATIENT'S NEEDS
  - **ENGAGEMENT**: HAVE A SOCIAL WORKER COME IN TO DISCUSS ELIGIBILITY OF MEDICAID/PLANS

#4 REINFORCE

- START WITH THE SOCIAL QUESTIONS TO CREATE A TREATMENT PLAN, GIVEN WHAT WE KNOW ABOUT THE SDOH AND HEALTH OF THE PATIENT

#5 FILL IN THE GAPS

- USING THE SDOH CONSIDER HOUSING AND FOOD INSECURITIES AND ASK WHAT MORE WE CAN DO TO HELP THE PATIENT

L A N E S

GUIDING THE SDOH CONVERSATION WITH LEARNERS

(L) LINK THE PATIENT'S SOCIAL NEEDS TO THE VISIT OR HEALTH ISSUE

(A) ASSESS THE PATIENT'S KNOWLEDGE OF SOCIAL NEED AND IMPACT ON HEALTH

(N) NORMALIZE THE SOCIAL NEED BY PROVIDING COMMUNITY CONTEXT AND RELATED STATS

(E) EDUCATE THE PATIENT ON THE CONNECTION TO HEALTH

(S) SHARE INFORMATION ON RESOURCES

REFERENCES

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CONTENT BY: ALICE FORNARI EDD AND JOHANNA MARTINEZ, MD
DESIGNED BY MELISSA AFFA